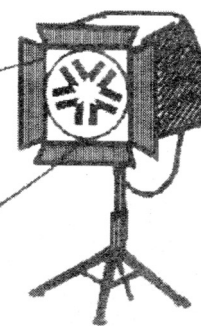


DISTRICT OF COLUMBIA OFFICE ON AGING

# Spotlight On Aging



VOLUME XVIII, ISSUE 5

A newsletter for D.C. Seniors

May 2003

## EXECUTIVE DIRECTOR'S MESSAGE



By E. Veronica Pace

May is Older Americans Month, and our theme this year is, "What We Do Makes A Difference." This theme speaks volumes about seniors. Seniors are caring for the old and the young, volunteering, delivering homebound meals, and making a difference in their

lives and the lives of others.

We have a great schedule of activities planned for you for the month. Join me at the Older Americans Month Information Fair on May 8 to learn about programs and services available for persons 60 and older. Register for the Golden Olympics being held May 12 to 16. By all means, attend the 39th Annual Senior Day Celebration and Service Expo on Thursday, May 29 at the new Washington Convention Center. See the Community Calendar for more details.

The Office on Aging Network of Services is geared to provide service to seniors to help them remain in their homes and live out their golden years with dignity. Programs for our independent seniors are oriented toward wellness and engaging activity. Currently there are three wellness centers in our network, and we are striving to have one in each Ward of the city. See our listing of services to find out more about what is available for seniors in the District.

Also this month, we celebrate National Senior Center Week from May 11-17. Find out more about a senior center near you and what activities you can participate in. Meet a new friend, reacquaint yourself with others, and enjoy a healthy and tasty mid-day meal. Learn a craft, take a trip to a new place, see a play, or take care of shopping needs. All of this and more is waiting for you at your neighborhood senior center.

Happy Older Americans Month!

### SPOTLIGHT ON AGING

Spotlight On Aging is published by the Information Office of the D.C. Office on Aging for D.C. senior residents. Advertising contained in the Senior Beacon is not endorsed by the D.C. Office on Aging or by the publisher.

441 4th St., N.W., 9th Floor, Washington, D.C. 20001  
202-724-5622 • [www.dcoa.dc.gov](http://www.dcoa.dc.gov)

E. Veronica Pace, **Executive Director**

Darlene Nowlin, **Editor**

Selma Dillard and Charles Ramsey, **Photographers**

The D.C. Office on Aging does not discriminate against anyone based on race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, familial status, family responsibilities, matriculation, political affiliation, disability, source of income, and place of residence or business.

## Become a Disaster Volunteer with the D.C. Citizen Corps

With the terrorism threat index shifting in unpredictable directions, many D.C. residents ruminate over what they can do to prepare should the nation's capital be confronted with a massive emergency. In particular, many senior residents throughout the city have wondered about what role they can play in preserving their communities in times of disaster.

One way residents can participate in making their communities better prepared for handling disasters is to become a disaster volunteer through the D.C. Commission on National and Community Service's Citizen Corps programs.

D.C. Citizen Corps operates in concert with its advisory board, the D.C. Citizen Corps Council, to bring together local leaders, citizen volunteers, and the network of first responder organizations — such as fire departments, police departments, and emergency medical personnel — to increase community involvement in emergency preparedness and response. D.C. Citizen Corps volunteer programs include the Emergency Medical Technician (EMT) Corps, Metropolitan Police Reserve Corps, Disaster Action Team, Community Emergency Response Training (CERT), Medical Reserve Corps and Greater D.C. Cares.

These programs provide residents with valuable disaster training and education that can augment the services of first responders in the event of a natural or man-made hazard by teaching residents what they can do to help themselves, their families and neighbors during a disaster. Some of the disaster training includes first aid, CPR, mass care, family services, shelter operations and other valuable disaster services training.

Often times, older citizens believe they are viewed as the recipients of, rather than contributors to, community safety services. However, the D.C. Commission on National and Community

Service recognizes the valuable talents and experiences of seniors that have created substantial solidarity within the senior community. Our goal is to build on this foundation by actively recruiting the District's senior residents to become trained volunteers who can safely and effectively assist themselves and their neighbors during an emergency.

We want to send a clear message to the senior community of Washington, D.C. that we care

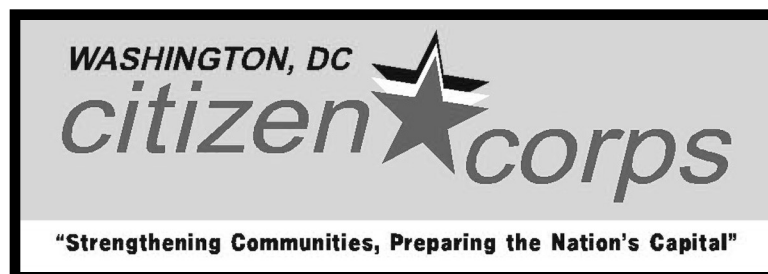
about seniors' safety and preparedness. Our office has established a strong partnership with the Office on Aging, and we have aligned D.C. Citizen Corps and

other community service activities with the needs of and consideration for seniors. In fact, Moore Towers, a senior residence in Ward 4, is providing the venue for a disaster training session this month.

Many of the District's seniors have experienced the outstanding service of D.C. Citizen Corps. In February, during the District's worst snowstorm in many years, volunteers from Greater D.C. Cares, EMT Corps, AmeriCorps and spontaneous volunteers provided an array of services to senior residents who needed to be driven to facilities to receive dialysis treatment as well as those who were shut in and needed their driveways and walkways shoveled.

The D.C. Commission on National and Community Service is committed to integrating the District's seniors into our community service and emergency preparedness agenda; and we will continue to identify and promote opportunities that allow this important and reliable group to continue giving back and making a difference in their communities.

To sign up to become a disaster volunteer and for more information on D.C. Citizen Corps, please call our office at 202-727-7925 or visit our Web site at [www.cnscs.dc.gov](http://www.cnscs.dc.gov).



GOVERNMENT OF THE DISTRICT OF COLUMBIA

ANTHONY A. WILLIAMS, MAYOR



D.C. OFFICE ON AGING NEWSLETTER

**United Planning Organization  
Comprehensive Senior Services / Project KEEN**  
4025 Minnesota Avenue N.E., DC 20019  
Ward 7  
**202-388-4280** Fax: **202-388-4287**

**United Planning Organization Senior Services**  
1649 Good Hope Road, S.E., DC 20020  
Ward 6  
**202-610-0299** Fax: **202-610-3110**

**UPO Weekend Meal Program**  
**Ralph Waldo “Petey Green” Community Service Center**  
2907 Martin Luther King Jr. Avenue S.E.  
**202-562-3800**

**HEALTH CARE/ IN-HOME SUPPORT**  
**AL-CARE**  
1234 Massachusetts Avenue, N.W., DC 20005  
**202-638-2382** Fax: **202-638-3169**

**DC Caregivers’ Institute**  
1234 Massachusetts Avenue, N.W., Suite C-1002,  
DC 20005  
**202-464-1513** Fax: **202-638-3169**

**EMMAUS Services for the Aging**  
5 Thomas Circle, N.W., DC 20005  
**202-467-6677** Fax: **202-467-6668**

**Family and Child Services Weekend Alzheimer’s Program  
(Weekend Respite)**  
1901 Evarts Street, N.E., DC 20018  
**202-635-1900** Fax: **202-635-1477**

**Family and Child Services of Washington, D.C., Inc.  
Heavy Housecleaning**  
929 L Street, N.W., DC 20001  
**202-289-1510 Ext. 180** Fax: **202-371-0863**

**Health Insurance Counseling**  
2136 Pennsylvania Avenue N.W. DC20052  
**202-739-0668** Fax: **202-293-4046**

**Home Care Partners**  
1234 Massachusetts Avenue, N.W., Suite C-1002,  
DC 20005  
**202-638-2382** Fax: **202-638-3169**

**SOME Caregivers Program**  
4609 Benning Road, S.E., DC 20019  
**202-581-8017** Fax: **202-581-5749**

**UDC - Institute of Gerontology  
Respite Aid Program**  
4340 Connecticut Avenue, N.W., Building 52,  
DC 20008  
**202-274-6616** Fax: **202-274-6605**

**United Planning Organization / Project KEEN  
(Respite Services)**  
60 Burns Place, N.E., DC 20019  
**202-279-5820** Fax: **202-279-5878**

**Washington Center for Aging Services (Respite)**  
2601 18th Street, N.E., DC 20018  
**202-541-6200** Fax: **202-541-6188**

**LEGAL SERVICES**  
**Legal Counsel for the Elderly - AARP**  
601 E Street, N.W., Room A-4, DC 20049  
**202-434-2120** Fax: **202-434-6464**

**D.C. Office on Aging Notary Public Service**  
One Judiciary Square  
441 Fourth Street, N.W., Suite 900S, DC 20001  
**202-724-5622** Fax: **202-724-4979**

**SELF HELP OFFICES (SHO)**  
**St. Luke Catholic Church (Rectory)**  
4925 East Capitol Street, S.E., DC 20019  
**202-582-2660**  
Open Wednesdays and Thursdays 10 a.m. – 3 p.m.  
**Call to schedule an appointment**

**Gingras Ecumenical Center  
St. Augustine Catholic Church**  
1419 V Street, N.W., DC 20009  
**202-387-6866**  
Open Mondays and Tuesdays 10 a.m. – 3 p.m.  
**Call to schedule an appointment**

**IONA Senior Services**  
4125 Albemarle Street, N.W., DC 20016  
**202-895-9492**  
Open Mondays and Fridays 10 a.m. – 3p.m.  
**Walk In – First Come – First Served**



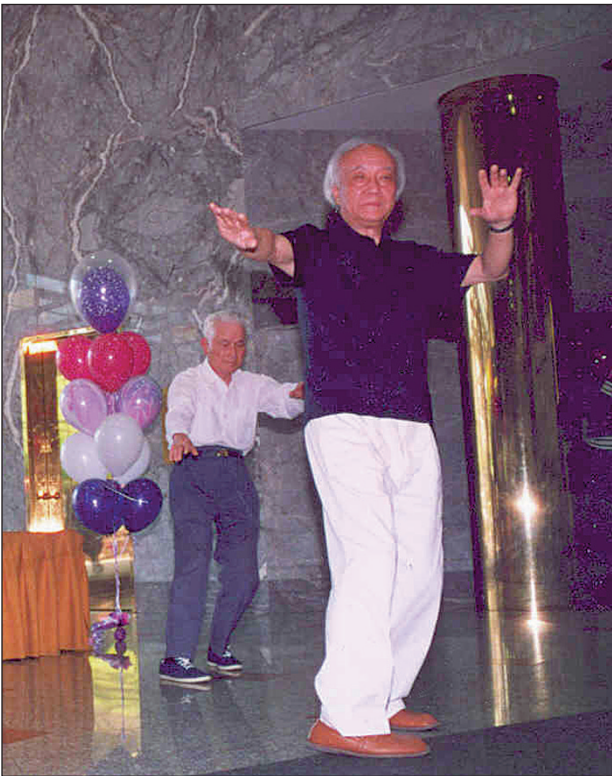
**RECREATION / SOCIALIZATION**  
See “National Senior Center Week” below for a list of senior centers. An additional contact is:

**Project SCORE/ Senior Service Division**  
4301 Connecticut Avenue, N.W., Suite 240, DC 20008  
**202-282-0754** Fax: **202-282-0707**

**TRANSPORTATION**  
**Call ‘N’ Ride / Door to Door Taxicab  
Transportation Program**  
2601 18th Street, N.E. DC 20018  
**202-635-3970** Fax: **202-635-2087**

**Washington Elderly and Handicapped  
Transportation Services**  
2601 18th Street, N.E., DC 20018  
**202-635-8866** Fax: **202-635-2087**

**Project SCORE/ Senior Service Division  
(Recreation and Social Outings)**  
4301 Connecticut Ave, N.W., Suite 240, DC 20010  
**202-282-0754** Fax: **202-282-0707**



**WELLNESS PROGRAMS**  
**Congress Heights Senior Wellness Center**  
3500 Martin Luther King Jr. Avenue, S.E., DC 20032  
**202-563-7225** Fax: **202-563-5591**

**UDC - Institute of Gerontology - BODYWISE Program**  
4340 Connecticut Avenue, N.W., Building 52, 2nd Fl.,  
DC 20008  
**202-274-6616** Fax: **202-274-6605**

**The Washington Seniors Wellness Center**  
3001 Alabama Avenue, S.E., DC 20020  
**202-581-9355** Fax: **202-581-0657**

**Model Cities Senior Wellness Center**  
1901 Evarts Street, N.E., DC 20018  
**202-635-1900** Fax: **202-635-1477**

National Senior Center Week

The Office on Aging observes National Senior Center Week, May 11 to 17. The first senior center in the District of Columbia was the Model Cities Senior Center. Aging advocate Mae Brown Phillips fought to establish Model Cities in 1969 to provide activities for an aging population in the District. Frances Ister was the first director of the center, which was funded by Family and Child Services of Washington. Since then, Model Cities has been converted to a wellness center/senior center and is located at 1901 Evarts St., N.E.

Visit a senior center near you and become a part of senior programs in the District.

Arthur Capper Senior Center	.....601 L Street, S.E. ....	202-675-9083 or 202-675-9088
Barney Senior Center	.....5656 A Third Street, N.E. ....	202-939-9025
Columbia Senior Center	.....1250 Taylor Street, N.W. ....	202-328-3270
Dwelling Place Senior Center	.....2812 Pennsylvania Avenue, S.E. .	202-582-7138
EOFULA – Spanish Senior Center	.....1844 Columbia Road, N.W. ....	202-483-1508
First Baptist Senior Center	.....715 Randolph Street, N.W. ....	202-723-4313
Genevieve N. Johnson Senior Center	.....4817 Blagden Avenue, N.W. ....	202-723-8537
Greater Washington Urban League	.....477 G Place, N.W. ....	202-842-4376
Asian Services Senior Center		
Greater Washington Urban League	.....1226 Vermont Avenue, N.W. ....	202-265-2017
Urban Oasis Senior Center		
Michaux Senior Center	.....3700 Hayes Street, N.E. ....	202-397-5406 or 202-397-8049
Model Cities Senior Wellness Center	.....1901 Evarts Street, N.E. ....	202-635-1900
Phillip T. Johnson Senior Center	.....4323 Bowen Road, S.E. ....	202-396-0375
Senior Citizens Counseling and Delivery Service	.....2451 Good Hope Road, S.E. ....	202-678-2800
Shalom Senior Center	.....1876 4th Street, N.E. ....	202-526-2535
Greater Washington Urban League Senior Center for the Hearing Impaired	.....2900 Newton Street, N.E. ....	202-529-8701



D.C. OFFICE ON AGING NEWSLETTER

Community Calendar

May events

8th • 10 a.m. to 3 p.m.

The D.C. Office on Aging and the Senior Service Network present the Older Americans Month Care-giver Information Fair in the Lobby of One Judiciary Square, 441 Fourth Street, N.W. For more informa-tion, call 202-724-5626.

8th • 10:30 a.m. to noon

Enjoy the sights of spring with United Planning Organization, Project Keen Comprehensive Senior Program. They will be taking the Azalea Walk in the Botanical Gardens, as well as have lunch together. RSVP to attend by calling 202-388-4280.

8th • 11 a.m. to 1 p.m.

Join the Greater Washington Urban League, Inc., Division of Aging Services, for a “Nutrition Tasting Party” to celebrate Older Americans month at James Apartments Senior Nutrition Center, 1425 N St., N.W. Contact Evelyn Minor for information and reservations at 202-529-8701.

8th • 1 p.m.

Discover tips and techniques to stay in shape at a Fit For Life workshop. This is hosted by Senior Citi-zens Counseling and Delivery Service, 2451 Good Hope Rd., S.E. For more details, call 202-678-2800.

8th • 11 a.m.

Join Brookland Senior Center, Greater Washing-ton Urban League, Inc., Division of Aging Services for a free legal fair at 2525 14th Street, N.E. Subjects include free legal advice, information and direct service of landlord/tenant issues, obtaining afford-able prescriptions and other issues. Contact Vivian Grayton or Mrs. Elliott at 202-529-8701 for reserva-tions. Lunch will be served.

13th through 16th

The D.C. Department of Parks and Recreation will be hosting its annual Golden Olympics this week. The events will take place at various D.C. senior center sites. For details, call your local center or 202-282-0753.

14th • 11 a.m.

Commodity Foods will host a cooking demonstra-tion in connection with Asian Service Center, Greater Washington Urban League, Inc., Division of Aging Services. For further information, contact Evelyn Minor or Jessie Fox at 202-529-8701.

14th • 1 p.m.

Free spring makeovers will be offered at the Se-nior Citizens Counseling and Delivery Service cen-ter. This workshop will provide tips on proper skin

and nail care, makeup, cosmetics and more. This event will be held at 2451 Good Hope Rd., S.E. For more information, call 202-678-2800.

15th • 6:30 to 11 p.m.

Come to a “Salute to the Greatest Generation,” IONA Senior Service’s annual gala at the J.W. Mar-riott on Pennsylvania Avenue. Honorees include Jim Vance of WRC-TV News Channel 4; Brig Owens, for-mer Redskins Defensive Back; and Karen Mayers of the IONA community. Festivities will include a silent auction and cocktail reception, a delicious dinner and awards ceremony, an exciting dessert reception and more. Big band entertainment and swing dancing lessons will be provided by Peaches O’Dell and Her Orchestra. Dress is formal business attire, or swing time apparel. Tickets are \$250. To make reserva-tions, or for more information, contact Gabrielle Tay-lor at (202) 895-9457 or gtaylor@iona.org.

17th

Join the staffs of Columbia Senior Center and Family and Child Services’ Senior Social Services department in supporting a worthy cause, its Sec-ond Annual 5K Walk for Children. The walk bene-fits Family and Child Services’ children-at-risk pro-grams, including adoptions, foster care, counseling and childcare. For walk applications, contact Nancy Piness, team captain and director of the Columbia Senior Center, at 202-328-3270. Donations to sup-port the walkers’ efforts are also welcome.

21st • 11 a.m. to 12:30 p.m.

Remedies for arthritis will be the topic at Asbury Dwelling Senior Nutrition Program at 1616 Marion Street, N.W. For further information, contact Mrs. Jessie Fox at 202-529-8701.

21st • 1 p.m.

Senior Citizens Counseling and Delivery Service will be hosting a fire safety program. A representa-tive from the D.C. Fire Department will show work-shop participants how they can prevent dangerous fires from occurring in their homes. This free work-shop will be given at 2451 Good Hope Rd., S.E. Call 202-678-2800 for details.

23rd

The D.C. Department of Parks and Recreation is hosting its annual senior fashion show. This event will be held at the Omni Shoreham Hotel, 2500 Calvert St., N.W. Call 202-282-0753 for tickets and details.

25th to 26th • 7:30 a.m. departure

Columbia Senior Center will be taking a bus trip to New Jersey and New York. Enjoy four

hours of tax-free shopping at the Jersey Garden Mall, one night hotel accommodation, the West-bury Music Fair featuring a concert by Luther Van-dross, and six hours at the Tropicana Casino — all for \$200 per person (double occupancy). The final payment is due May 5. The bus departs from 1250 Taylor St., N.W. For more information, contact Monica Carroll, at 202-328-3270, ext. 11 or Tisha Tucker, Model Cities Senior Wellness Center at 202-635-1900.

28th • 1 p.m.

Find out what steps you need to take to protect your assets and your family during Senior Citizens Counseling and Delivery Service’s presentation on wills. For details, call 202-678-2800.

29th • 10 a.m. to 3 p.m.

Celebrate Older Americans Month Senior Day at the new convention center. Join other seniors for a day of exhibits, health screenings and demonstrations. Enjoy games, dancing, music, health and fitness activities, healthy snacks, food giveaways and much more. For more information, call 202-388-4280.

30th • 9:30 a.m. to 1 p.m.

The UniverSoul Circus will be in town. Enjoy this annual event with Senior Citizens Counseling and Delivery Service. The cost of \$15 includes ticket and transportation. The bus leaves from the center’s building, 2451 Good Hope Rd., S.E. at 9:30 a.m. For information, please call 202-678-2800.

Early June events

June 5th • noon to 3 p.m.

S.O.M.E. Elderly Services and the Delmarva Foundation present a Caregivers Health & Wellness Fair with information from more than 30 organiza-tions and health screenings. It will be held at the Jones Memorial United Methodist Church, 4625 G Street, S.E. To participate as a vendor, contact Ed-winta Jenkins at 202-582-7138.

June 9 to 10 • Crab Feast in Ocean City

Join other seniors for one night deluxe hotel ac-commodations, breakfast, an all-you-can-eat crab feast, followed by visits to Dover Downs and Midway. The cost is \$165 per person, which includes tax and gratuity. The bus departs from Columbia Senior Cen-ter, 1250 Taylor Street, N.W., at 7:30 a.m. For more information, contact Monica Carroll, Columbia Se-nior Center, at 202-328-3270, ext. 11.

Nutrition Centers Menu

Enjoy the following menu at a nutrition center in your neighborhood:

Week of May 5

Monday

Cranapple juice, tomato soup with crackers, chicken patty on roll, corn O’Brien, chopped col-lards, fresh fruit melon, and milk, coffee or tea.

Tuesday

Orange juice, beef patty with onion and mush-room gravy, brown rice with peas, okra and toma-toes, garden salad, Italian bread, fruit cocktail, and milk, coffee or tea

Wednesday

Apple juice, turkey tetrazzini, diced carrots, broc-

coli, pumpernickel bread, canned peaches, milk, coffee or tea

Thursday

Pineapple juice, split pea soup, tuna and maca-roni salad, tossed salad, wheat bread, banana, and milk, coffee or tea

Friday

Grape juice, baked chicken with gravy, candied sweet potatoes, spinach, wheat roll, applesauce, and milk, coffee or tea

Week of May 12

Monday

Orange juice, meatloaf with gravy, rice Floren-tine, sliced carrots, mixed green salad, wheat bread, pear, and milk, coffee or tea

Tuesday

Cranapple juice, bar-b-que pork chop, black-eyed peas, chopped collards, rye bread, fruit cocktail, and milk coffee or tea.

Wednesday

Pineapple juice, cream of broccoli soup, sliced turkey on wheat, three bean salad, lettuce and tomato salad, banana, and milk, coffee or tea.

Thursday

Grape juice, baked chicken with gravy, red beans with rice, chopped spinach, wheat roll, pineapple tidbits, and milk, coffee or tea.

Friday

Orange juice, meatballs with tomato sauce, spaghetti, California vegetables, pumpernickel bread, canned peaches, and milk, coffee or tea.



## D.C. OFFICE ON AGING NEWSLETTER

## D.C. Office on Aging

## OVERVIEW

The Office on Aging is the District of Columbia's Agency on Aging that oversees direct services to persons 60 and older through a Senior Service Network. Within the Senior Service Network are six community-based agencies, funded by the Office on Aging, to provide nutritious meals, social and recreational activities, as well as information on staying well.

## COMMUNITY-BASED AGENCIES

## BARNEY NEIGHBORHOOD HOUSE SENIOR PROGRAMS

5656-A Third Street, N.E., DC 20011

**Service Area:** Wards 1 and 4

**202-939-9020**

## UNITED PLANNING ORGANIZATION SENIOR SERVICES

1649 Good Hope Road, S.E., DC 20020

**Service Area:** Ward 6

**202-610-0299 Fax: 202-610-3110**

UNITED PLANNING ORGANIZATION/ PROJECT KEEN  
COMPREHENSIVE SENIOR PROGRAMS

4025 Minnesota Avenue, N.E., DC 20019

**Service Area:** Ward 7 (excluding Kingman Park)

**202-388-4280 Fax: 202-388-4287**

GREATER WASHINGTON URBAN LEAGUE,  
SENIOR NEIGHBORS AND COMPANIONS CLUB

2900 Newton Street, N.E., DC 20018

**Service Area:** Wards 2 (Downtown and Shaw Areas) and 5

**202-529-8701 Fax: 202-832-3127**

## IONA SENIOR SERVICES

4125 Albemarle Street, N.W., DC 20016

**Service Area:** Ward 3, West of Rock Creek Park, Foggy Bottom and Dupont Circle areas

**202-966-1055 Fax: 202-895-0244**

## SENIOR CITIZENS COUNSELING &amp; DELIVERY SERVICE, INC.

2451 Good Hope Road, S.E., DC 20020

**Service Area:** Ward 8

**202-678-2800 Fax: 202-889-0265**

## OFFICE ON AGING-BASED PROGRAMS

Information and Assistance **202-724-5626**.

Job Training and Employment Program **202-724-3662**.

Nursing Home **202-541-6200**.



## ADULT DAY CARE SERVICES

## Center Care Day Treatment Program

## Washington Center for Aging Services

2601 18th Street, N.E., DC 20018

**202-541-6150 Fax: 202-526-7982**

## Downtown Cluster's Day Care Center

900 Massachusetts Avenue, N.W., DC 20001

**202-347-7527 Fax: 202-347-6983**

## Isabella Breckinridge Center

4125 Albemarle St., N.W., DC 20016

**202-895-0238 Fax: 202-362-5232**

## Geriatric Day Care Center

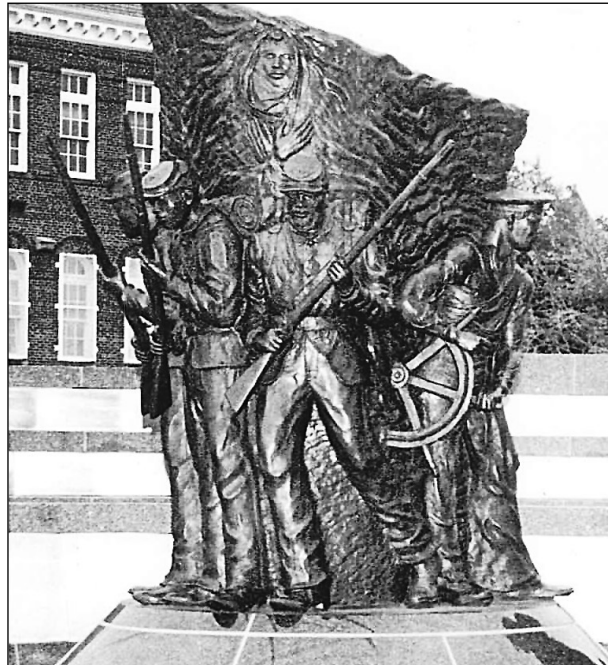
2B #4 D.C. Village Lane, S.W., DC 20032

**202-645-4348 Fax: 202-889-0265**

## Genevieve N. Johnson Senior Day Care Program

4817 Blagden Avenue, N.W., DC 20011

**202-723-8537 Fax: 202-726-1474**



**The founders day celebration at the African American Civil War Memorial will start at 9:30 a.m. on May 22 with a movie at the Lincoln Theater, 1260 U Street, N.W. The memorial commemorates the black Union soldiers who fought for freedom in the Civil War.**

## ADULT EDUCATION

Education Organization for United Latin Americans  
(EOFULA)

1844 Columbia Road, N.W., DC 20009

**202-483-1508 Fax: 202-588-5806**

## Knox Hill Apartments

2700 Jasper Street, S.E., DC 20020

**202-678-2800**

## Mayfair Mansion Recreation Center

3700 Hayes Street, N.E., DC 20019

**202-397-5406 Fax: 202-388-7803**

## Saint Timothy Episcopal Church

3601 Alabama Avenue, S.E., DC 20020

**202-583-5084**

## UDC - Institute of Gerontology

## Academy of Lifetime Learning

4340 Connecticut Avenue, N.W., Building 52, DC 20008

**202-274-6616 Fax: 202-274-6605**

## ADVOCACY/OMBUDSMAN SERVICE

## Legal Counsel for the Elderly - AARP

## D.C. Long Term Care Ombudsman Office

601 E Street, N.W., Room A-4, DC 20049

**202-434-2140 Fax: 202-434-6464**

## Emmaus Services for the Aging

## Long-Term Care Ombudsman Program

5 Thomas Circle, N.W., DC 20005

**202-745-1200 Fax: 202-745-1246**

## United Planning Organization Senior Services

## Long-Term Care Ombudsman Program

1649 Good Hope Road, S.E., DC 20020

**202-610-0299 Fax: 202-610-3110**

## CASE MANAGEMENT SITES

## Family and Child Services of Washington, DC, Inc.

**Service Area:** Sections of the city not covered by the agencies listed below.

929 L Street, N.W., DC 20001

**202-289-1510 Ext. 180 Fax: 202-371-0863**

## IONA Senior Services

**Service Area:** Ward 2 (Foggy Bottom and Dupont Circle), Ward 3 (West of Rock Creek Park)

4125 Albemarle Street, N.W., DC 20016

**202-895-0234 Fax: 202-895-0244**

## George Washington University

**Service Area:** 3 miles radius of GWU and upper part of Ward 3

2150 Pennsylvania Avenue, N.W., Room #2D-426, DC 20037

**202-994-7773 Fax: 202-994-8731**

## Greater Washington Urban League

**Service Area:** Ward 2, Downtown and Shaw areas of Ward 2900 Newton Street, N.E., First Floor, DC 20018

**202-529-8701 Fax: 202-832-3127**

## United Planning Organization/

## Assessment and Case Management

Ralph Waldo "Petey Green" Community Service Center

**Service Area:** Wards 6, 7, and 8

2907 Martin Luther King Avenue, S.E., DC 20032

**202-562-2542 Fax: 202-562-4054**

## EMERGENCY AND GROUP HOUSING

These programs seek to meet the housing needs of older Washingtonians by providing temporary shelter in emergency situations and supportive housing. Call for information.

## Dwelling Place, (S.O.M.E.) Shelter for Abused Elderly

2812 Pennsylvania Avenue, S.E., DC 20020

**202-583-7602 Fax: 202-582-7112**

## Christian Communities Group Homes

2501 18th Street, N.E., DC 20018

**202-635-9384 Fax: 202-832-4711**

## EMPLOYMENT &amp; JOB TRAINING

## D.C. OFFICE ON AGING

One Judiciary Square

441 Fourth Street, N.W., Suite 950N, DC 20001

**202-724-3662 Fax: 202-727-1569**

## Howard University, School of Social Work

## Staff Development and Training for DC Office on Aging

601 Howard Place, N.W., Room 319, DC 20059

**202-806-7319 Fax: 202-806-9074**

## GROUP MEALS PROGRAM

## Barney Neighborhood House Senior Program

504 Kennedy Street, N.W., DC 20011

Wards: 1 and 4

**202-939-9020 Fax: 202-939-5755**

## Greater Washington Urban League Aging Division

2900 Newton Street, N.E., First Floor, DC 20018

Wards 2 (Downtown and Shaw Areas) and 5

**202-529-8701 Fax: 202-832-3127**

## IONA Senior Services

4125 Albemarle Street, N.W., DC 20016

Ward 3 West of Rock Creek Park, Foggy Bottom and Dupont Circle Areas

**202-966-1055 TTY: 202-895-9444 Fax: 202-895-0244**

## Senior Citizens Counseling &amp; Delivery Service

2451 Good Hope Road, S.E., DC 20020

Ward 8

**202-678-2800 Fax: 202-889-0265**